

# Anōthen Life Ministries

Your Key to a Transformed Life “Born from Above”

We are pleased that you are planning to take advantage of the Restoring the Foundations (RTF) Ministry at Anōthen Life Ministries in Tampa, FL. As part of the Healing House Network (HHN), we have put a lot of effort into preparing teams where Christian believers can receive God’s healing and restoration.

There are multiple ways to receive ministry at this RTF Healing House location. You may receive the RTF ministry from an HHN qualified team, whether locally trained or from other HHN network locations, you may receive the RTF ministry from a team in training, or you may be part of a training seminar where attendees pray for each other under the guidance and oversight of an HHN qualified Prayer and Care Team member. Fee structures are set depending on the program chosen.

Whichever way you choose, the following information and forms will help you come properly prepared in order to receive the maximum benefit. Please read the information and then fill out and return the attached forms to us. The first sheet, “General Information,” discusses the normal schedules for ministry and associated fees. The three main forms, Application for Restoring the Foundations Ministry, Background Information, and Generational Patterns Questionnaire, are to be filled out by each individual receiving ministry.

We will pass the forms along to your ministry team, who will prayerfully review the information as they prepare to minister to you. The more honest and open you can be in completing the forms, the better prepared they will be as they come to minister to you. Also, we have noticed over the years that the more vulnerable and honest a person is with the Lord (and the ministry team) during his/her time of ministry, the more healing he/she receives. Conversely, if a person is closed and protective, less healing is received.

As soon as you are ready to make a commitment to come for RTF ministry, please return your filled out application forms to us with the agreed to fees. Once we have reviewed your application forms, we will confirm and finalize your ministry team and the scheduled time for your ministry.

Our prayers will be with you as you complete these forms and prepare to come for ministry.

Love in Christ,

Bill and Juliette Bender  
Healing House Network  
Anōthen Life Ministries



# General Information

## **Ministry Schedule**

You and your ministry team will coordinate and agree to the daily/weekly meeting times. The typical schedule is:

### **Couple's Ministry – Typical Schedule**

The first meeting for couples consists of a joint session (with both husband and wife, and for those that are engaged to be married, both fiancés). Then each person has their individual (five) sessions of approximately three hours duration for each meeting time scheduled. The last meeting for couples is the final joint session. This is a total of two joint and ten individual sessions, or approximately 35 total ministry hours.

Sessions are usually scheduled once a week for each applicant. The ministry can also be conducted daily with Ministry beginning on a Sunday afternoon and ending mid-day Saturday.

The ministry team may also schedule additional joint sessions and fewer individual sessions if the focus of the needed ministry revolves around marital issues.

Our normal policy is to have both spouses come for ministry at the same time. This usually results in the greatest benefit for both of them. If just one spouse of a married couple receives ministry, the result can be greater stress and duress in the relationship for both partners. However, in extreme or unusual circumstances, we will consider a request to provide ministry to only one spouse.

### **Individual's Ministry**

You may consider one of two different approaches for your ministry schedule. You may receive your five ministry sessions one per day, spread over five days in one week or multiple weeks, or two sessions per day, spread over two and one half days. This latter is quite intensive and does not provide for as much “assimilation” time. It is also recommended to schedule one session a week, for five weeks to complete the ministry.

### **For All Ministry Schedules**

If you and your ministry team agree that additional ministry time is needed and it can be worked into the schedule, then additional sessions can be planned.

# **Ministry Fees for HHN Ministry**

All fees are based on existing church programs in place, or on the established ITC Healing House Operations Guidelines, Hendersonville, NC.

## **Healing House published fee structure:**

### **For one couple:**

**\$1950 for ministry plus \$15 for *An Integrated Approach to Biblical Healing Ministry* book.**

This includes an initial joint session, ten individual sessions (five for each spouse), and a final joint session, for approximately 35 hours of ministry. We also request that you obtain and read a copy of *An Integrated Approach to Biblical Healing Ministry*, or the larger book, *Restoring the Foundations*, before coming for ministry so that you can benefit much more from the ministry.

### **For one individual:**

**\$950 for ministry plus \$15 for *An Integrated Approach to Biblical Healing Ministry* book.**

This includes five individual sessions for approximately 15 hours of ministry. We also request that you obtain and read a copy of *An Integrated Approach to Biblical Healing Ministry*, or the larger book, *Restoring the Foundations*, before coming for ministry so that you can benefit much more from the ministry.

### **Additional Ministry:**

If you desire additional ministry beyond the planned ministry time of 35 hours (15 hours for a single), and your ministry team agrees, the additional ministry is \$65 per ministry hour.

## **Church Sponsored Ministry fee structure:**

Fees for Ministry scheduled through a church program and utilizing church facilities, will be structured on a case by case basis. Most churches have a budget for programs that they want to present to their congregation and we can work with them to tailor a program to meet their needs. Usual fees are set at a per hour rate for each individual and for each ministry hour regardless of plan chosen. Fees are paid prior to each session.

## **Payment Schedule**

When scheduled through HHN, your deposit check for one half of the ministry fee should accompany your submitted application. We can then finalize the availability of your ministry team and dates. Please submit the remainder of the requested contribution at least one month before your first scheduled ministry session so that we can complete preparations for your ministry.

Checks should be made out to **Juliette Bender** in US dollars and be addressed to:

Juliette Bender  
Anothen Life Ministries  
6102 Galleon Way  
Tampa, FL 33615

## **Refund Policy**

If you find it necessary to cancel your scheduled ministry time, please contact us immediately. Our refund policy is based on our desire to be fair to you and to your ministry team. If it is necessary for you to cancel prior to one month before your scheduled arrival date, we will refund your payment less an administration fee of \$50. If it is necessary for you to cancel within the final month before your scheduled arrival date, we will refund your payment less the administration fee and less a payment of one-half the Ministry Fee to your ministry team.

## **Training/Oversight Teams**

There may be times when a Training/Oversight team will also be present in the ministry room helping to minister to you. They will be working with your ministry team to assist them in provide you with the very best possible ministry.

# Overall Ministry Procedures

## Your Preparation to Receive Ministry

### **Fill Out and Return Forms**

Prayerfully fill out the Application, Background Information, and Generational Patterns Questionnaire forms. Please be honest and open in filling out these forms, especially in those areas in which you need help. You will need about one to two hours to fill these out. Often people call their relatives in order to get more complete information about their family patterns and history.

### **Give Forms to Another Life Ministries Leadership**

Mail in or give your Application for Restoring the Foundations Ministry, Background Information, and Generational Patterns Questionnaire forms, along with your deposit check, to either Juliette or Bill Bender.

### **Optional Additional Information**

Read the book *An Integrated Approach to Biblical Healing Ministry*, or if you wish, the larger book *Restoring the Foundations* (RTF). These books describe the Integrated Ministry Approach that will be used during your ministry sessions.

## During Your Ministry Time

### **Coordinate with your Ministry Team**

During your first meeting with your ministry team, you will confirm the rest of your meeting times. Since other individuals could also be meeting with the team, it is important that you stay with your scheduled time slots. Your ministry team may also request that you do various “homework” assignments during the ministry process and afterwards. Plan to set aside some time while you are going through ministry for serious Bible reading and prayer.

## Your Commitment to Serious Ministry Follow Up

All of the areas in which you receive healing will be quickly tested as you begin to walk out your new-found freedom and healing. Please take seriously the need to do your own personal spiritual warfare. Suggested reading includes the section “Post Deliverance: Keeping the House Cleansed” in the Demonic Oppression chapter of either book.

### **Prayer/Bible Reading/Godly Beliefs**

One of the four problem/ministry areas in which you will receive ministry is the area of your beliefs. This area is a key one for most people and we therefore ask you to sign an agreement that you will spend at least fifteen minutes a day going over your new Godly Beliefs for the first thirty days after your ministry. It generally takes thirty days to change a habit, whether a “thought” habit or any other. We recommend that you spend these fifteen minutes as a part of your one hour devoted to prayer and Bible reading. This will help the changes instigated by the Holy Spirit during your Restoring the Foundations Ministry to settle, stabilize, integrate, and progress.

### **Agreement to Initiate a Progress Report**

We ask you to agree to call and report progress to your ministry team two weeks after completing the ministry and then again four weeks after the ministry. They will want to pray for you and help in any way possible.

## My Story – Preparing for Restoring the Foundations Ministry

Please complete this for as thoroughly as possible and Email to [info@AnothenLife.org](mailto:info@AnothenLife.org)

### Description of Restoring the Foundations Ministry

Restoring the Foundations (RTF) ministry is for people needing short-term help, generally five to six ministry sessions. Ministry sessions are normally scheduled once a day, and are approximately three hours duration. The RTF ministry team may at times be assisted by an intercessory prayer team or by a supervisory team.

The RTF ministry teams are an extension of the pastoral ministry, and as such are submitted to the pastoral authority of the church. In order to better

serve you, it is possible that the ministry team may consult with the Church Pastor(s) and/or their designated representative(s), (i.e. the oversight minister and/or supervisory ministers) concerning their ministry to you.

Please read the following statements, and sign that you acknowledge and understand your commitment and your ministry team's commitment. Please complete these forms and return them to the Church office as soon as possible.

### Personal Information

Name: \_\_\_\_\_ Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_ Male \_\_\_\_ Female \_\_\_\_ Presently living with: Parents \_\_\_\_ Spouse \_\_\_\_ Alone \_\_\_\_ Other: \_\_\_\_\_

Occupation: \_\_\_\_\_ Hours worked/week: \_\_\_\_\_ E-mail Address: \_\_\_\_\_

Employed by: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Your personal purpose in life: \_\_\_\_\_

### Purpose for Seeking RTF Ministry

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### Expectations of Your Commitment

Your RTF ministry team will be making a major commitment to you; first as they schedule their time to be available to you, and also as they pray, prepare, and then minister to you. Likewise it is expected that you will be committed to obtaining the maximum benefit possible from your ministry time. You can facilitate this by being on time to ministry sessions and by completing "homework" assignments given to you. Most of all, it is expected that you will have a sincere desire to overcome whatever problems are hindering you, and that you will cooperate fully with your RTF ministry team and with the Holy Spirit in order to maximize your receiving God's help.

We ask you, by your signature below, to commit to one month of serious prayer and Bible time following completion of your ministry. This would include one hour per day (at least five days per week) devoted to prayer and Bible reading. This hour should include at least fifteen minutes of prayer and meditation on your new Godly Beliefs (GBs).

We also ask you to call your ministry team two and four weeks after your ministry to report your progress, to be accountable as you meditate on your GBs, and to obtain any needed prayer support.

## Referral

Either before you come for ministry, or after the completion of your ministry, your RTF ministry team, in conjunction with the Pastor(s) and/or their designated representative(s), will assist you in planning for ongoing support and accountability in situations where it could be beneficial to you.

Also, if your RTF ministry team is not equipped or able to minister to your particular need, or if you need longer term ministry, they, in conjunction with the Pastor(s) and/or their designated representative(s), will help you find appropriate referral resources.

## Waiver of Liability

I understand that I will be seeing RTF ministers who will be able to listen, support, encourage, pray with, and minister to me to help me overcome my problem(s) and to grow in my Christian life. I accept that they are not licensed counselors, that they minister by the Christian Bible and that they may or may not be ordained and/or full-time ministers, pastors or counselors.

**I acknowledge that all ministry is under the direction and control of the Holy Spirit, and that no guarantees are made, nor can be made, by anyone or any organization that I will or will not receive any particular healing.** Thus, I waive all rights to claims of liability. I accept that they may recommend further ministry for me by a pastor, counselor, home ministry group, support group, and/or other agency in my community.

## Waiver of Confidentiality

I am aware that all statements that I shall make to my RTF ministers are of a confidential nature, including all written information, and that legally and ethically these may not be disclosed without my written consent.

## However, I waive my right to “complete” confidentiality in the following situations:

1. I accept that my ministry team may give a brief summary report of the results of the ministry to the Church Pastor(s), and/or the oversight team.
2. I accept that my ministry team may consult with the Church Pastor(s), oversight ministry team, and/or their designated representatives, concerning their ministry to me.
3. I accept that my home/cell ministry leaders may be informed of some aspects of the ministry to me, to better equip them to help me after the prayer ministry.
4. I accept that the Church Pastor(s), and/or their designated representative(s), will be informed of any ongoing, willful sin in which I am involved.
5. I accept and acknowledge that pastors, counselors, RTF ministers, or any other persons involved in working with adults and children in a helping setting, are either encouraged, or required by law to disclose to the appropriate person, agency, or civil authority, any harm or potential harm that a person may attempt or desire to do to himself or to others.
6. I accept and acknowledge that they are also required to report any reasonable suspicion of physical or sexual abuse that has been done, or that is being done to a minor child.
7. I accept that all pastors, counselors, and RTF ministers reserve the right to make such reports as mandated by law, whether or not they confer with me first.



By my signature, I acknowledge that I have read and understand all of the above provisions, including the Waiver of Liability and Waiver of Confidentiality, and that I accept the stated conditions and limits of liability and confidentiality. Further, I agree to the “Expectations of Your Commitment,” including the post-ministry prayer, Bible reading, meditation for at least 30 days on my Godly Beliefs, and the two and four week progress reports.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_

## Background Information

The following information, which will become a part of your confidential file, will help your RTF ministry team focus more clearly on the areas in which you need and/or desire ministry. Please fill these forms out as honestly and as completely as you can, and return them to either your RTF Ministers or the RTF Office.

### Family Background

Natural Parents: Married  Separated  Divorced

Rate your parent's marriage: Unhappy  Average  Happy  Very Happy

If separated or divorced, how old were you at the time of the divorce? \_\_\_\_\_

Father remarried when you were age \_\_\_\_\_. Mother remarried when you were age \_\_\_\_\_.

You lived with: Mother  Father  Foster  Other family member

Step-parents (if applicable): Married  Separated  Divorced

What kind of relationship did/do you have with your parents and/or step-parents? \_\_\_\_\_

Father deceased? Yes  No  How old were you at the time? \_\_\_\_\_

Mother deceased? Yes  No  How old were you at the time? \_\_\_\_\_

### Educational Background *Circle last year of school completed*

Grade School: 1 2 3 4 5 6 7 8 High School: 9 10 11 12 College: 1 2 3 4 5 6+

Degrees in: \_\_\_\_\_

### Marital Background

Name of spouse: \_\_\_\_\_ Occupation: \_\_\_\_\_

If your spouse willing to participate in ministry? Yes  No  Uncertain

Have you ever been separated? Yes  No  When? \_\_\_\_\_

### Marriage(s):

Date Married	Your Age	Their Age	Name of Spouse	Duration	Reason It Ended

### Children:

Name	Age	Sex	From which marriage?	Self-supporting?	Married?	Still Alive?	Age At and Cause of Death

### Medical/Ministry/Counseling Background

Describe any physical problems or handicaps that require medication or physical care:

Are you currently receiving medical treatment? Yes  No  For what purpose? \_\_\_\_\_

\_\_\_\_\_

Have you used drugs for other than medical purposes? Yes  No   
 What drugs? \_\_\_\_\_ When? \_\_\_\_\_

Have you ever been in counseling/therapy/mental health care? Yes  No   
 When? \_\_\_\_\_ with whom? \_\_\_\_\_  
 For what reason? \_\_\_\_\_

Have you ever taken medication prescribed for emotional reasons? Yes  No   
 When? \_\_\_\_\_ For what reason(s)? \_\_\_\_\_

Are you currently taking medication prescribed for emotional reasons? Yes  No   
 What medication? \_\_\_\_\_

If the ministry team feels it would be best for you to have a physical before ministry, would you be willing to do so?  
 Yes  No

### Spiritual/Religious Background

Have you made a commitment to Jesus Christ as Lord and Savior? Yes  No  When? \_\_\_\_\_  
 Please tell what happened: \_\_\_\_\_

\_\_\_\_\_

Have you received the Baptism of the Holy Spirit? Yes  No  When? \_\_\_\_\_

Has that experience been accompanied by the evidence of speaking in tongues? Yes  No   
 Describe your present relationship with the Lord: \_\_\_\_\_

\_\_\_\_\_

Please list all church affiliations: \_\_\_\_\_

### Reason Seeking RTF Ministry?

*What has prompted you to seek ministry at this time?*

	Started		Started		Started
Abuse		Fear/Phobia		Self-Esteem/Perfectionism	
Addition/Compulsion		Financial/Legal		Sexual issues/Incest	
Anger/Aggression		Grief/Loss		Spiritual concerns/Values	
Church Split		Parental/Family/Child		Stress/Anxiety	
Depression/Suicide		Premarital/Marital		Trauma	
Divorce/Separation		Relationship/Loneliness		Vocational/Educational	

Please comment: \_\_\_\_\_

## Generational Patterns Questionnaire

### Purpose

The purpose of this questionnaire is to help you and your RTF ministry team identify Sins of the Fathers and Resulting Curses and negative patterns that may be hindering you, as well as identify those areas in your heritage or in your life that lead to Ungodly Beliefs and/or Soul/Spirit Hurts, and/or that may be openings for Demonic Oppression. Please fill these forms out as honestly and as completely as you can, and return them to the Church office.

### General Questions

	Father	Mother
From what country or countries did you ancestors originally come?		
What are the prominent ethnic backgrounds of your ancestors?		
What are the church backgrounds of your ancestors?		
In what geographic areas within America have they primarily lived their lives?		
Is it possible they were connected with slavery, i.e. either owner, traders or slaves?		
Is it possible they were involved in unfair business practices?		
Is it possible they were involved in the occult?		
On a scale of 1 to 10, indicate how much each parent loved you.	<i>Circle one:</i> 1 2 3 4 5 6 7 8 9 10	<i>Circle one:</i> 1 2 3 4 5 6 7 8 9 10
Give examples of how they showed their love.		

Who in your life has caused you the most pain or disappointment? Give an example of how it happened.

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List the main issues in your life that you and God are working on at this time.

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## Family Tree Facts

To help your Ministry Team understand your ancestors, please fill in the requested information for each of your two parents (F/M), your four grandparents (GF/GM), and your eight great grandparents (GGF/GGM) to the best of your knowledge.

**GGF** Name  
 \_\_\_\_\_  
 DOB            DOD      Age  
 \_\_\_\_\_  
 # of children  
 \_\_\_\_\_  
 Occupation  
 \_\_\_\_\_  
 Cause of Death  
 \_\_\_\_\_

**GGM** Name  
 \_\_\_\_\_  
 DOB            DOD      Age  
 \_\_\_\_\_  
 # of children  
 \_\_\_\_\_  
 Occupation  
 \_\_\_\_\_  
 Cause of Death  
 \_\_\_\_\_

**GF** Name  
 \_\_\_\_\_  
 DOB            DOD      Age  
 \_\_\_\_\_  
 # of children  
 \_\_\_\_\_  
 Occupation  
 \_\_\_\_\_  
 Cause of Death  
 \_\_\_\_\_

**F** Name  
 \_\_\_\_\_  
 DOB            DOD      Age  
 \_\_\_\_\_  
 # of children  
 \_\_\_\_\_  
 Occupation  
 \_\_\_\_\_  
 Cause of Death  
 \_\_\_\_\_

**GGF** Name  
 \_\_\_\_\_  
 DOB            DOD      Age  
 \_\_\_\_\_  
 # of children  
 \_\_\_\_\_  
 Occupation  
 \_\_\_\_\_  
 Cause of Death  
 \_\_\_\_\_

**GGM** Name  
 \_\_\_\_\_  
 DOB            DOD      Age  
 \_\_\_\_\_  
 # of children  
 \_\_\_\_\_  
 Occupation  
 \_\_\_\_\_  
 Cause of Death  
 \_\_\_\_\_

**GM** Name  
 \_\_\_\_\_  
 DOB            DOD      Age  
 \_\_\_\_\_  
 # of children  
 \_\_\_\_\_  
 Occupation  
 \_\_\_\_\_  
 Cause of Death  
 \_\_\_\_\_

**Name/Age of Your Siblings**


**GGF** Name  
 \_\_\_\_\_  
 DOB            DOD      Age  
 \_\_\_\_\_  
 # of children  
 \_\_\_\_\_  
 Occupation  
 \_\_\_\_\_  
 Cause of Death  
 \_\_\_\_\_

**GGM** Name  
 \_\_\_\_\_  
 DOB            DOD      Age  
 \_\_\_\_\_  
 # of children  
 \_\_\_\_\_  
 Occupation  
 \_\_\_\_\_  
 Cause of Death  
 \_\_\_\_\_

**GF** Name  
 \_\_\_\_\_  
 DOB            DOD      Age  
 \_\_\_\_\_  
 # of children  
 \_\_\_\_\_  
 Occupation  
 \_\_\_\_\_  
 Cause of Death  
 \_\_\_\_\_

**M** Name  
 \_\_\_\_\_  
 DOB            DOD      Age  
 \_\_\_\_\_  
 # of children  
 \_\_\_\_\_  
 Occupation  
 \_\_\_\_\_  
 Cause of Death  
 \_\_\_\_\_

**GGF** Name  
 \_\_\_\_\_  
 DOB            DOD      Age  
 \_\_\_\_\_  
 # of children  
 \_\_\_\_\_  
 Occupation  
 \_\_\_\_\_  
 Cause of Death  
 \_\_\_\_\_

**GGM** Name  
 \_\_\_\_\_  
 DOB            DOD      Age  
 \_\_\_\_\_  
 # of children  
 \_\_\_\_\_  
 Occupation  
 \_\_\_\_\_  
 Cause of Death  
 \_\_\_\_\_

**GM** Name  
 \_\_\_\_\_  
 DOB            DOD      Age  
 \_\_\_\_\_  
 # of children  
 \_\_\_\_\_  
 Occupation  
 \_\_\_\_\_  
 Cause of Death  
 \_\_\_\_\_

**Open Doors (Gen 4:7)**

Please put a check under the "A" (Ancestors) column if you know about or have observed any of these characteristics, events, or involvement in your immediate or extended family. If any of these is (or was) also true for you, put a "C" (for current) or a "P" (for past) in the "S" (self) column.

A S

**ABANDONMENT**

- \_\_\_ Abdication  
 \_\_\_ Alienation  
 \_\_\_ Blocked intimacy  
 \_\_\_ Desertion  
 \_\_\_ Divorce  
 \_\_\_ Estrangement  
 \_\_\_ Fatherlessness  
 \_\_\_ Isolation  
 \_\_\_ Loneliness  
 \_\_\_ Neglect  
 \_\_\_ Rejection  
 \_\_\_ Separation  
 \_\_\_ Self-pity  
 \_\_\_ Victimization

**ANTI-CHRIST**

- \_\_\_ Anti-Semitism  
 \_\_\_ Death and destruction  
 \_\_\_ Ethnic Domination  
 \_\_\_ Gender Bias (suppression of Women)  
 \_\_\_ Racism

**ADDICTIONS/  
COMPULSIONS/  
DEPENDENCIES**

- \_\_\_ Alcohol  
 \_\_\_ Caffeine  
 \_\_\_ Cocaine  
 \_\_\_ Computers  
 \_\_\_ Downers/Uppers  
 \_\_\_ Food  
 \_\_\_ Gambling  
 \_\_\_ Internet  
 \_\_\_ Marijuana  
 \_\_\_ Non-Prescription Drugs  
 \_\_\_ Overspending  
 \_\_\_ Pornography  
 \_\_\_ Prescription Drugs  
 \_\_\_ Sex  
 \_\_\_ Sports  
 \_\_\_ Street Drugs  
 \_\_\_ Television  
 \_\_\_ Tranquilizers  
 \_\_\_ Video Games

A S

**ANGER**

- \_\_\_ Abandonment  
 \_\_\_ Feuding  
 \_\_\_ Frustration  
 \_\_\_ Hatred  
 \_\_\_ Hostility  
 \_\_\_ Murder  
 \_\_\_ Punishment  
 \_\_\_ Rage  
 \_\_\_ Resentment  
 \_\_\_ Retaliation  
 \_\_\_ Revenge  
 \_\_\_ Spoiled Little Boy/Girl  
 \_\_\_ Temper Tantrums  
 \_\_\_ Violence

**ANXIETY**

- \_\_\_ Burden  
 \_\_\_ False Responsibility  
 \_\_\_ Fatigue  
 \_\_\_ Heaviness  
 \_\_\_ Impatience  
 \_\_\_ Nervousness  
 \_\_\_ Panic Attacks  
 \_\_\_ Restlessness  
 \_\_\_ Weariness  
 \_\_\_ Worry

**BITTERNESS**

- \_\_\_ Accusation  
 \_\_\_ Blaming  
 \_\_\_ Complaining  
 \_\_\_ Condemnation  
 \_\_\_ Criticalness  
 \_\_\_ Fault finding  
 \_\_\_ Gossip  
 \_\_\_ Judging  
 \_\_\_ Murmuring  
 \_\_\_ Ridicule  
 \_\_\_ Slander  
 \_\_\_ Unforgiveness

A S

**CONTROL**

- \_\_\_ Appeasement  
 \_\_\_ Denial  
 \_\_\_ Domineering  
 \_\_\_ Double Binding  
 \_\_\_ Enabling  
 \_\_\_ False Responsibility  
 \_\_\_ Female Control  
 \_\_\_ Jealousy  
 \_\_\_ Manipulation  
 \_\_\_ Male Control  
 \_\_\_ Occult Control/Jezebel  
 \_\_\_ Passive Aggression  
 \_\_\_ Passivity/Ahab  
 \_\_\_ Possessiveness  
 \_\_\_ Pride (I know best)  
 \_\_\_ Selfishness  
 \_\_\_ Self-centeredness  
 \_\_\_ Witchcraft (mind control)  
 \_\_\_ Through fear and intimidation  
 \_\_\_ Through anger/threats  
 \_\_\_ Withdrawal/silent treatment

**DECEPTION**

- \_\_\_ Blindness, Spiritual  
 \_\_\_ Cheating/Stealing  
 \_\_\_ Confusion  
 \_\_\_ Delusion  
 \_\_\_ Denial  
 \_\_\_ Doubt  
 \_\_\_ Fraudulence  
 \_\_\_ Infidelity  
 \_\_\_ Justifying  
 \_\_\_ Lying  
 \_\_\_ Minimizing  
 \_\_\_ Secretiveness  
 \_\_\_ Self-deception  
 \_\_\_ Treachery  
 \_\_\_ Treason  
 \_\_\_ Trickery  
 \_\_\_ Unbelief  
 \_\_\_ Untrustworthiness

**DEATH**

- \_\_\_ Abadon (Rev 9:11)  
 \_\_\_ Abortion  
 \_\_\_ Accidents  
 \_\_\_ Death Wish  
 \_\_\_ Destroyer  
 \_\_\_ Murder  
 \_\_\_ Premature Death  
 \_\_\_ Python  
 \_\_\_ Suicide

**A S**

\_\_\_ **DEPRESSION**

- \_\_\_ Dejection
- \_\_\_ Discouragement
- \_\_\_ Despair
- \_\_\_ Despondency
- \_\_\_ Gloominess
- \_\_\_ Hopelessness
- \_\_\_ Insomnia
- \_\_\_ Joy Robber
- \_\_\_ Misery
- \_\_\_ Oppression
- \_\_\_ Oversleeping
- \_\_\_ Sadness
- \_\_\_ Self-Pity
- \_\_\_ Suicide Attempt
- \_\_\_ Suicide Fantasies
- \_\_\_ Withdrawals

\_\_\_ **ESCAPE**

- \_\_\_ Apathy
- \_\_\_ Avoidance
- \_\_\_ Complacency
- \_\_\_ Daydreaming
- \_\_\_ Fantasy
- \_\_\_ Forgetfulness
- \_\_\_ Hiding
- \_\_\_ Hopelessness
- \_\_\_ Indecisiveness
- \_\_\_ Indifference
- \_\_\_ Isolation
- \_\_\_ Laziness
- \_\_\_ Numbness
- \_\_\_ Passivity
- \_\_\_ Procrastination
- \_\_\_ Sleep/Slumber/Oversleeping
- \_\_\_ Slothfulness
- \_\_\_ Trance
- \_\_\_ Withdrawal

\_\_\_ **FAILURE**

- \_\_\_ Boom/Bust Cycle
- \_\_\_ Defeat
- \_\_\_ Deportation
- \_\_\_ Destruction
- \_\_\_ Desolation
- \_\_\_ Devastation
- \_\_\_ Drought
- \_\_\_ Loss
- \_\_\_ Performance
- \_\_\_ Pressure to Succeed
- \_\_\_ Striving

**A S**

\_\_\_ **IDENTITY CONFUSION**

- \_\_\_ Deception
- \_\_\_ Gender Confusion
- \_\_\_ Homosexuality/Lesbianism
- \_\_\_ Pornography
- \_\_\_ Self-Hatred
- \_\_\_ Trauma
- \_\_\_ Unmanly
- \_\_\_ Unprotected

\_\_\_ **FEARS**

- \_\_\_ Anxiety
- \_\_\_ Bewilderment
- \_\_\_ Burden
- \_\_\_ Dread
- \_\_\_ Harassment
- \_\_\_ Heaviness
- \_\_\_ Horror Movies
- \_\_\_ Intimidation
- \_\_\_ Mental Torment
- \_\_\_ Over-sensitivity
- \_\_\_ Paranoia
- \_\_\_ Phobia
- \_\_\_ Superstition
- \_\_\_ Worry
- \_\_\_ Fear of Authorities
- \_\_\_ Fear of being Abused
- \_\_\_ Fear of being Attacked
- \_\_\_ Fear of being Wrong
- \_\_\_ Fear of being a Victim
- \_\_\_ Fear of Cancer
- \_\_\_ Fear of Conflict
- \_\_\_ Fear of Death
- \_\_\_ Fear of Diabetes
- \_\_\_ Fear of Demons
- \_\_\_ Fear of Exposure
- \_\_\_ Fear of Failure
- \_\_\_ Fear of the Future
- \_\_\_ Fear of Heart Attack
- \_\_\_ Fear of Inadequacy
- \_\_\_ Fear of Infirmities
- \_\_\_ Fear of Looking Stupid
- \_\_\_ Fear of Losing Control
- \_\_\_ Fear of Loss
- \_\_\_ Fear of Man
- \_\_\_ Fear of Performing
- \_\_\_ Fear of Poverty
- \_\_\_ Fear of Public Singing
- \_\_\_ Fear of Punishment
- \_\_\_ Fear of Rejection
- \_\_\_ Fear of Sexual Inadequacy
- \_\_\_ Fear of Sexual Perversion
- \_\_\_ Fear of Submission
- \_\_\_ Fear of Success
- \_\_\_ Fear of the Unknown
- \_\_\_ Fear of Violence

**A S**

\_\_\_ **FINANCIAL BONDAGE**

- \_\_\_ Bankruptcy
- \_\_\_ Boom/Bust Cycle
- \_\_\_ Cheating
- \_\_\_ Covetousness
- \_\_\_ Debt
- \_\_\_ Deception
- \_\_\_ Delinquency
- \_\_\_ Dishonesty
- \_\_\_ Failure
- \_\_\_ False God of Commerce
- \_\_\_ Great Depression, effects from
- \_\_\_ Greed
- \_\_\_ Hoarding
- \_\_\_ Idolatry of Possessions
- \_\_\_ Illegitimate Gain (Prov. 13:11)
- \_\_\_ Irresponsible Spending
- \_\_\_ Job Failures
- \_\_\_ Job Losses
- \_\_\_ Love of Money (root of all evil)
- \_\_\_ Loss of Inheritance
- \_\_\_ Lack
- \_\_\_ Neglect
- \_\_\_ Poverty
- \_\_\_ Robbery
- \_\_\_ Robbing God (not tithing)
- \_\_\_ Selfish Ambition
- \_\_\_ Stealing
- \_\_\_ Stinginess
- \_\_\_ War, effects from

\_\_\_ **GRIEF**

- \_\_\_ Agony
- \_\_\_ Anguish
- \_\_\_ Crying
- \_\_\_ Despair
- \_\_\_ Heartbreak
- \_\_\_ Hope Deferred
- \_\_\_ Loss
- \_\_\_ Pain
- \_\_\_ Sadness
- \_\_\_ Sorrow
- \_\_\_ Torment
- \_\_\_ Weeping

\_\_\_ **IDOLATRY**

- \_\_\_ Appearance
- \_\_\_ Beauty
- \_\_\_ Children
- \_\_\_ Clothes
- \_\_\_ Food
- \_\_\_ Ministry
- \_\_\_ Occupation
- \_\_\_ Position
- \_\_\_ Possessions
- \_\_\_ Power
- \_\_\_ Social Status
- \_\_\_ Sports
- \_\_\_ Spouse
- \_\_\_ Wealth

**A S**

\_\_\_ **INFIRMATIES/DISEASE**

- \_\_\_ Accidents (falls, cars, etc.)
- \_\_\_ Anorexia/Bulimia
- \_\_\_ Arthritis
- \_\_\_ Asthma
- \_\_\_ Barrenness/Miscarriage
- \_\_\_ Bone/Joint Problems
- \_\_\_ Cancer
- \_\_\_ Congestion in lungs
- \_\_\_ Diabetes
- \_\_\_ Fatigue
- \_\_\_ Female Problems
- \_\_\_ Heart/Circulatory Problems
- \_\_\_ Lung Problems
- \_\_\_ Mental Illness
- \_\_\_ Multiple Sclerosis
- \_\_\_ Migraines/Mind Binding
- \_\_\_ Physical Abnormalities
- \_\_\_ Premature Death

\_\_\_ **LETHARGY**

- \_\_\_ Apathy
- \_\_\_ Being Stunned
- \_\_\_ Being Stupefied
- \_\_\_ Blurred Vision
- \_\_\_ Can't Read
- \_\_\_ Closed Understanding
- \_\_\_ Disoriented
- \_\_\_ Dizziness
- \_\_\_ Exhaustion
- \_\_\_ Extreme Withdrawal
- \_\_\_ Habitual Idleness
- \_\_\_ Laziness
- \_\_\_ Morbid Drowsiness
- \_\_\_ Poverty
- \_\_\_ Sluggishness

\_\_\_ **MENTAL AILMENTS**

- \_\_\_ A.D.D.
- \_\_\_ Craziness
- \_\_\_ Compulsions
- \_\_\_ Confusion
- \_\_\_ Disoriented
- \_\_\_ Distraction
- \_\_\_ Forgetfulness
- \_\_\_ Hallucinations
- \_\_\_ Hysteria
- \_\_\_ Insanity
- \_\_\_ Lack of Focus
- \_\_\_ Mind Binding
- \_\_\_ Mind Blocking
- \_\_\_ Paranoia
- \_\_\_ Mind Racing
- \_\_\_ Schizophrenia
- \_\_\_ Senility

**A S**

\_\_\_ **MIND CONTROL**

- \_\_\_ Amnesia
- \_\_\_ Choking
- \_\_\_ Deaf and Dumb
- \_\_\_ Forgetfulness
- \_\_\_ Memory Blocking
- \_\_\_ Mind Binding
- \_\_\_ Mind Blanking
- \_\_\_ Mind Blocking
- \_\_\_ Mind Dullness
- \_\_\_ Mind Racing
- \_\_\_ Muting
- \_\_\_ Numbness
- \_\_\_ Obsessing
- \_\_\_ Ruminating
- \_\_\_ Silencing
- \_\_\_ Strangling
- \_\_\_ Stuttering
- \_\_\_ Trance

\_\_\_ **MOCKING**

- \_\_\_ Blaspheming
- \_\_\_ Cursing
- \_\_\_ Cynicism
- \_\_\_ Evil Speaking
- \_\_\_ Laughing
- \_\_\_ Profanity
- \_\_\_ Ridicule
- \_\_\_ Sarcasm
- \_\_\_ Scorn

\_\_\_ **ORPHANED**

- \_\_\_ Homelessness
- \_\_\_ Fatherlessness
- \_\_\_ Loss of inheritance
- \_\_\_ Gypsy
- \_\_\_ Nomad
- \_\_\_ Wanderer
- \_\_\_ Discontent
- \_\_\_ Restlessness

\_\_\_ **PERFORMANCE**

- \_\_\_ Competition
- \_\_\_ Comparison
- \_\_\_ Driving
- \_\_\_ Envy
- \_\_\_ Jealousy
- \_\_\_ People Pleasing
- \_\_\_ Perfectionism
- \_\_\_ Possessiveness
- \_\_\_ Rivalry
- \_\_\_ Striving
- \_\_\_ Workaholism

**A S**

\_\_\_ **PRIDE**

- \_\_\_ Above Contradiction
- \_\_\_ Arrogance
- \_\_\_ Conceit
- \_\_\_ Controlling
- \_\_\_ Egotistical
- \_\_\_ Haughtiness
- \_\_\_ Leviathan
- \_\_\_ Prejudice
- \_\_\_ Prejudice, suppression of women
- \_\_\_ Prejudice, women devalued and/or unrecognized
- \_\_\_ Self-Centeredness
- \_\_\_ Self-Importance
- \_\_\_ Self-Righteousness
- \_\_\_ Slavery, false submission
- \_\_\_ Subservient
- \_\_\_ Superiority
- \_\_\_ Vanity

\_\_\_ **REBELLION**

- \_\_\_ Contempt
- \_\_\_ Deception
- \_\_\_ Defiance
- \_\_\_ Disobedience
- \_\_\_ Independence
- \_\_\_ Insubordination
- \_\_\_ Resistance
- \_\_\_ Self-sufficiency
- \_\_\_ Self-will
- \_\_\_ Stubbornness
- \_\_\_ Undermining

\_\_\_ **REJECTION**

- \_\_\_ Expected Rejection
- \_\_\_ Perceived Rejection
- \_\_\_ Self-Rejection

\_\_\_ **UNBELIEF**

- \_\_\_ Apprehension
- \_\_\_ Double-Mindedness
- \_\_\_ Doubt
- \_\_\_ Fear of being Wrong
- \_\_\_ Mind Blocking
- \_\_\_ Mistrust
- \_\_\_ Rationalism
- \_\_\_ Skepticism
- \_\_\_ Suspicion
- \_\_\_ Uncertainty

**A S**

\_\_\_ **RELIGIOUS BONDAGE**

- \_\_\_ Antichrist
- \_\_\_ Betrayal
- \_\_\_ Denominationalism
- \_\_\_ Division
- \_\_\_ False Doctrine/Teaching
- \_\_\_ Hypocrisy
- \_\_\_ Idolatry
- \_\_\_ Injustice
- \_\_\_ Legalism
- \_\_\_ Liberalism
- \_\_\_ Mysticism
- \_\_\_ New Age Practices
- \_\_\_ Persecution
- \_\_\_ Religiosity
- \_\_\_ Religious Control
- \_\_\_ Religious Ceremonies
- \_\_\_ Rules, Excessive
- \_\_\_ Self Righteousness
- \_\_\_ Shunning
- \_\_\_ Silencing
- \_\_\_ Spiritual Pride
- \_\_\_ Traditionalism
- \_\_\_ Unforgiveness
- \_\_\_ Works Mentality

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

\_\_\_ **SHAME**

- \_\_\_ Abandonment
- \_\_\_ Anger
- \_\_\_ Bad Boy/Girl
- \_\_\_ Being Different
- \_\_\_ Condemnation
- \_\_\_ Defilement
- \_\_\_ Disgrace
- \_\_\_ Embarrassment
- \_\_\_ Guilt
- \_\_\_ Hatred
- \_\_\_ Humiliation
- \_\_\_ Inferiority
- \_\_\_ Illegitimacy
- \_\_\_ Occult Involvement
- \_\_\_ Self-Accusation
- \_\_\_ Self-Hate
- \_\_\_ Self-Pity
- \_\_\_ Shunning

\_\_\_\_\_  
 \_\_\_\_\_

\_\_\_ **UNMOTIVATED**

- \_\_\_ Irresponsibility
- \_\_\_ Laziness
- \_\_\_ Procrastination
- \_\_\_ Undisciplined

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**A S**

\_\_\_ **SEXUAL IMMORALITY**

- \_\_\_ Abortion
- \_\_\_ Adultery
- \_\_\_ Bestiality
- \_\_\_ Debauchery
- \_\_\_ Demonic Sex
- \_\_\_ Defilement/Uncleanness
- \_\_\_ Exposure
- \_\_\_ Fantasy Lust
- \_\_\_ Fornication
- \_\_\_ Frigidity
- \_\_\_ Homosexuality
- \_\_\_ Illegitimacy
- \_\_\_ Incest
- \_\_\_ Incubus
- \_\_\_ Lesbianism
- \_\_\_ Lust/Fantasy Lust
- \_\_\_ Masturbation
- \_\_\_ Molestation
- \_\_\_ Pedophile
- \_\_\_ Perversion
- \_\_\_ Pornography
- \_\_\_ Premarital Sex
- \_\_\_ Prostitution/Harlotry
- \_\_\_ Rape
- \_\_\_ Robbery of Innocence
- \_\_\_ Seduction/Alluring
- \_\_\_ Sexual Abuse
- \_\_\_ Sodomy
- \_\_\_ Succubus
- \_\_\_ Whoredom (Hosea 4:12)

\_\_\_ **TRAUMA**

- \_\_\_ Abuse, Emotional
- \_\_\_ Abuse, Physical
- \_\_\_ Abuse, Mental
- \_\_\_ Abuse, Sexual
- \_\_\_ Abuse, Spiritual
- \_\_\_ Abuse, Verbal
- \_\_\_ Accident
- \_\_\_ Loss
- \_\_\_ Imprisoned
- \_\_\_ Rape
- \_\_\_ Torture
- \_\_\_ Violence

\_\_\_ **UNSUBMISSIVENESS**

- \_\_\_ Confusion
- \_\_\_ Independence
- \_\_\_ Mistrust
- \_\_\_ Rebellion
- \_\_\_ Resistant
- \_\_\_ Self-reliant
- \_\_\_ Self-sufficient
- \_\_\_ Stubborn

\_\_\_\_\_  
 \_\_\_\_\_

**A S**

\_\_\_ **UNWORTHINESS**

- \_\_\_ Inadequacy
- \_\_\_ Inferiority
- \_\_\_ Insecurity
- \_\_\_ Self-Accusation
- \_\_\_ Self-Consciousness
- \_\_\_ Self-Condemnation
- \_\_\_ Self-Hate
- \_\_\_ Self Protection
- \_\_\_ Self-Punishment
- \_\_\_ Shyness
- \_\_\_ Timidity

\_\_\_ **VAGABOND**

- \_\_\_ Discontent
- \_\_\_ Dissatisfaction
- \_\_\_ Gypsy
- \_\_\_ Impatience
- \_\_\_ Inconsistency
- \_\_\_ Nomad
- \_\_\_ Restlessness
- \_\_\_ Searching
- \_\_\_ Unsettledness
- \_\_\_ Wandering

\_\_\_ **VICTIMIZATION**

- \_\_\_ Appeasement
- \_\_\_ Betrayal
- \_\_\_ Bondage
- \_\_\_ Deportation
- \_\_\_ Desolation
- \_\_\_ Entrapment
- \_\_\_ Helplessness
- \_\_\_ Hopelessness
- \_\_\_ Mistrust
- \_\_\_ Passivity
- \_\_\_ People Pleasing
- \_\_\_ Poverty
- \_\_\_ Self-Pity
- \_\_\_ Slavery
- \_\_\_ Suspicion
- \_\_\_ Trauma
- \_\_\_ Unfaithfulness

\_\_\_ **VIOLENCE**

- \_\_\_ Abuse
- \_\_\_ Arguing
- \_\_\_ Bickering
- \_\_\_ Cruelty
- \_\_\_ Cursing
- \_\_\_ Death
- \_\_\_ Destruction
- \_\_\_ Feuding
- \_\_\_ Hate
- \_\_\_ Mocking
- \_\_\_ Murder/Abortion
- \_\_\_ Retaliation
- \_\_\_ Strife
- \_\_\_ Torture/Mutilation

**A S**

- OCCULT**  
 Abortion (Molech)  
 Accident Proneness  
 Ahab  
 Animal Spirits  
 Antichrist  
 Astral Projection  
 Astrology  
 Automatic Writing  
 Behemoth  
 Black Magic  
 Books, Occult/Witchcraft  
 Clairvoyance  
 Conjuraton  
 Control, Occult/Witchcraft  
 Crystal Ball  
 Death, Suicide  
 Demons, Dispatching  
 Demon Worship  
 Divination  
 Eight Ball  
 Evil Eye  
 E S P  
 False Gifts (Occult)  
 Fortune Telling  
 Handwriting Analysis  
 Hexing  
 Horoscopes  
 Hypnosis  
 I Ching  
 Idolatry (of \_\_\_\_\_)  
 Incantations  
 Jezebel  
 \_\_\_\_\_  
 \_\_\_\_\_

**A S**

- Levitation  
 Leviathan  
 Meditation, Eastern  
 Mediumship  
 Mental Telepathy  
 Necromancy  
 Non-Christian Exorcism  
 Ouija Board  
 Palm Reading  
 Past Life Readings  
 Pendulum Readings  
 Psychic Readings  
 Psychic Healing  
 Python  
 Reincarnation  
 Satanic Worship  
 Séances  
 Slavery, Occult  
 Sorcery  
 Spells  
 Spirit Guide(s)  
 Spiritism  
 Superstition  
 Table Tipping  
 Tarot Cards  
 Tea Leaves, Reading  
 Third Eye, Using  
 Trance  
 TM  
 Vampire  
 Victim, Occult  
 Voodoo  
 Water Witching  
 Werewolf

**A S**

- White Magic  
 Wicca  
 Witchcraft  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
**HAVE YOU EVER:**  
 Cast a spell/hex  
 Drunk blood or urine  
 Had hard rock music  
 Had heavy metal music  
 Had Masonic jewelry  
 Had occult jewelry  
 Had occult/witchcraft books  
 Had pagan fetishes  
 Had punk rock music  
 Had violent rap music  
 Heard voices on the "inside"  
 Heard a voice: "kill yourself"  
 Joined a coven  
 Played Dungeons & Dragons  
 Made a blood pact  
 Made a bloody oath or vow  
 Participated in martial arts  
 Seen a sacrifice  
 Seen demons  
 Seen horror movies  
 Seen science fantasy movies  
 Selected a guru  
 Used mantras  
 Visited pagan temples  
 Visited Indian burial grounds  
 \_\_\_\_\_  
 \_\_\_\_\_

**Secret Societies, Cults, False Religions, Occult & Mind Control Organizations** *The following are examples of groups which omit the foundations of the Christian faith, such as the Trinity, the Atonement, the Blood of Jesus, or the Divinity of Jesus. Indicate any family involvement.*

**A S**

- Armstrong Radio/Church of God  
 Bahai  
 Buddhism  
 Buffaloes  
 Christadelphians  
 Christian Science  
 College Fraternities  
 College Sororities  
 Daughter's Of the Nile  
 De Molay Lodge  
 Eastern Religions  
 Eastern Star Lodge  
 Edgar Cayce  
 Elks Lodge  
 Freemasonry  
 Hare Krishna  
 Hinduism  
 Indian Occult Rituals

**A S**

- Inner Peace Movement  
 Islam  
 Jehovah's Witnesses  
 Job's Daughters Lodge  
 Kabala  
 KKK  
 Knights Of Columbus  
 Mafia  
 Masonic  
 Moonies  
 Moose Lodge  
 Mormonism  
 New Age Movement  
 Odd Fellows Lodge  
 Orange Lodge  
 Rainbow Girls Lodge  
 Rebekahs Lodge  
 Religious Science

**A S**

- Rosicrucian's  
 Santeria  
 Satanism  
 Scientology  
 Shamanism  
 Shintoism  
 Shriners  
 Silva Mind Control  
 Spiritualism  
 Swedenborgianism  
 Knights Templars  
 The Way International  
 Theosophy  
 Unitarian Church  
 Voodoo  
 WICCA  
 White Shrine  
 Witchcraft

**ANCESTRAL BACKGROUNDS** *(Indicators of national and cultural open doors/sins)*

- |   |  |       |
|---|--|-------|
| <input type="checkbox"/> Africans         | <input type="checkbox"/> Germans         | _____ |
| <input type="checkbox"/> American Indians | <input type="checkbox"/> Gypsies         | _____ |
| <input type="checkbox"/> Asians           | <input type="checkbox"/> Irish           | _____ |
| <input type="checkbox"/> Europeans        | <input type="checkbox"/> Latin Americans | _____ |
| <input type="checkbox"/> French           | <input type="checkbox"/> Scottish        | _____ |

**DYSFUNCTIONAL FAMILY PATTERNS** *Please check if common in your immediate family or extended family (aunts, uncles and cousins)*

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Abuse: _____                        | <input type="checkbox"/> Chronic illness/sickness                              | <input type="checkbox"/> Men dominant over women         |
| <input type="checkbox"/> Addiction: _____                    | <input type="checkbox"/> Co-dependency   | <input type="checkbox"/> Men/women workaholics           |
| <input type="checkbox"/> Broken marriages/divorce            | <input type="checkbox"/> Deceptive business practices                          | <input type="checkbox"/> Most received salvation         |
| <input type="checkbox"/> Business, financial or other losses | <input type="checkbox"/> Family secrets  | <input type="checkbox"/> Most were not saved             |
| <input type="checkbox"/> Children dishonoring parents        | <input type="checkbox"/> Idolatry of _____                                     | <input type="checkbox"/> Premature deaths                |
| <input type="checkbox"/> Children favored, idolized          | <input type="checkbox"/> Lack of communication between parents/children        | <input type="checkbox"/> Pride and arrogance             |
| <input type="checkbox"/> Children not valued, neglected      | <input type="checkbox"/> Lack of communication between spouses                 | <input type="checkbox"/> Sibling rivalry, fights, feuds  |
| <input type="checkbox"/> Children taking care of parents     | <input type="checkbox"/> Lack of intimacy (in marriage, or other relationship) | <input type="checkbox"/> Success/failure cycles          |
|  |  | <input type="checkbox"/> Unfilled lives and/or destinies |
|  |  | <input type="checkbox"/> Women dominant over men         |

**BIRTH CONDITIONS:** *Indicate whether or not any of the following situations were present when you were conceived or during your mother's pregnancy.*

- |   |  |
|---|--|
| <input type="checkbox"/> 1. Mother dieted or took diet pills during pregnancy   | <input type="checkbox"/> 19. Father died or left during pregnancy                          |
| <input type="checkbox"/> 2. Mother was hungry during pregnancy                  | <input type="checkbox"/> 20. Was the next child after a miscarriage or abortion            |
| <input type="checkbox"/> 3. Mother took drugs during pregnancy                  | <input type="checkbox"/> 21. Mother totally rejected or denied child while in the womb.    |
| <input type="checkbox"/> 4. Mother smoked during pregnancy                      | <input type="checkbox"/> 22. Mother had an inordinate fear of delivery                     |
| <input type="checkbox"/> 5. Mother drank alcohol during pregnancy               | <input type="checkbox"/> 23. There was premature delivery complications                    |
| <input type="checkbox"/> 6. Mother was an alcoholic during pregnancy            | <input type="checkbox"/> 24. Suffered loss of oxygen during delivery                       |
| <input type="checkbox"/> 7. Mother drank caffeine during pregnancy              | <input type="checkbox"/> 25. Breech delivery   |
| <input type="checkbox"/> 8. Mother experienced traumas during pregnancy         | <input type="checkbox"/> 26. Cord around neck during delivery                              |
| <input type="checkbox"/> 9. Mother was raped                                    | <input type="checkbox"/> 27. Unusually painful delivery                                    |
| <input type="checkbox"/> 10. There was fighting in the home                     | <input type="checkbox"/> 28. Forceps delivery  |
| <input type="checkbox"/> 11. Child was not wanted or was given up for adoption. | <input type="checkbox"/> 29. Lungs were filled with excretion                              |
| <input type="checkbox"/> 12. Wasn't a convenient time to have a baby            | <input type="checkbox"/> 30. Labor was induced   |
| <input type="checkbox"/> 13. Conceived out of wedlock                           | <input type="checkbox"/> 31. C-section delivery  |
| <input type="checkbox"/> 14. Parents couldn't afford a child                    | <input type="checkbox"/> 32. There was little or no talking to fetus                       |
| <input type="checkbox"/> 15. Parents too young; not ready                       | <input type="checkbox"/> 33. There was a lot of rock or heavy metal music during pregnancy |
| <input type="checkbox"/> 16. Mother was in poor health                          | <input type="checkbox"/> 34. Was not nursed by mother.                                     |
| <input type="checkbox"/> 17. Parents wanted child of opposite sex               |  |
| <input type="checkbox"/> 18. Mother lost loved one during pregnancy             |  |

*Describe any special situations or circumstances surrounding your birth:*

## Ungodly Beliefs About Myself

Read the following Ungodly Beliefs (UGBs) check the ones that you relate to or agree with. Ask the Holy Spirit to show you other UGBs that you may have. (By the way, all of us have Ungodly Beliefs!)

### Theme: Rejection, Not Belonging

- \_\_\_1. I don't belong. I will always be on the outside (left out).
- \_\_\_2. My feelings don't count. No one cares what I feel.
- \_\_\_3. No one will love me or care about me just for myself.
- \_\_\_4. I will always be lonely. The special man/woman in my life will not be there for me.
- \_\_\_5. The best way to avoid more hurt, rejection, etc., is to isolate myself.
- \_\_\_6. \_\_\_\_\_  
\_\_\_\_\_

### Theme: Unworthiness, Guilt, Shame

- \_\_\_1. I am not worthy to receive anything from God
- \_\_\_2. I am the problem. When something is wrong, it is my fault
- \_\_\_3. I am a bad person. If you knew the real me, you would reject me.
- \_\_\_4. I must wear a mask so that people won't find out how horrible I am and reject me.
- \_\_\_5. I have messed up so badly that I have missed God's best for me.
- \_\_\_6. \_\_\_\_\_  
\_\_\_\_\_

### Theme: Doing To Achieve Self-Worth, Value, Recognition

- \_\_\_1. I will ever get credit for what I do.
- \_\_\_2. My value is in what I do. I am valuable because I do well to others, because I am "successful."
- \_\_\_3. Even when I do/give my best, it is not good enough. I can never meet the standard.
- \_\_\_4. I can avoid conflict that would risk losing others' approval by being passive.
- \_\_\_5. God doesn't care if I have a "secret life," as long as I appear to be good.
- \_\_\_6. \_\_\_\_\_  
\_\_\_\_\_
- \_\_\_7. \_\_\_\_\_  
\_\_\_\_\_

### Theme: Control (to avoid hurt)

- \_\_\_1. I have to plan every day of my life. I have to continually plan/strategize. I can't relax.
- \_\_\_2. The perfect life is one in which no conflict is allowed, and so there is peace.
- \_\_\_3. \_\_\_\_\_  
\_\_\_\_\_

### Theme: Physical

- \_\_\_1. I am unattractive. God shortchanged me.
- \_\_\_2. I am doomed to have certain physical disabilities. They are just part of what I have inherited.
- \_\_\_3. It is impossible to lose weight (or gain weight). I am just stuck
- \_\_\_4. I am not competent/complete as a man/woman.
- \_\_\_5. \_\_\_\_\_  
\_\_\_\_\_

### Theme: Personality Traits

- \_\_\_1. I will always be \_\_\_\_\_ (angry, shy, jealous, insecure, fearful, etc.).
- \_\_\_2. \_\_\_\_\_  
\_\_\_\_\_

### Theme: Identity

- \_\_\_1. I should have been a boy/girl. Then my parents would have valued/loved me more, etc.
- \_\_\_2. Men/Women have it better.
- \_\_\_3. I will never be known or appreciated for my real self.
- \_\_\_4. I will never really change and be as God wants me to be.
- \_\_\_5. \_\_\_\_\_  
\_\_\_\_\_

### Theme: Miscellaneous

- \_\_\_1. I have wasted a lot of time and energy, some of my best years.
- \_\_\_2. Turmoil is normal for me.
- \_\_\_3. \_\_\_\_\_
- \_\_\_4. \_\_\_\_\_

## Ungodly Beliefs About Others

**Theme: Safety/Protection**

- \_\_\_1. I must be very guarded about what I say, since anything I say may be used against me.
- \_\_\_2. I have to guard and hide my emotions and feelings. I cannot give anyone the satisfaction of knowing that they have wounded or hurt me. I'll not be vulnerable, humiliated, or shamed.
- \_\_\_3. \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_4. \_\_\_\_\_
- \_\_\_\_\_

**Theme: Retaliation**

- \_\_\_1. The correct way to respond if someone offends me is to punish them by withdrawing and/or cutting them off.
- \_\_\_2. I will make sure that \_\_\_\_\_ hurts as much as I hurt!
- \_\_\_3. \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_4. \_\_\_\_\_
- \_\_\_\_\_

**Theme: Victim**

- \_\_\_1. Authority figures will humiliate me and violate me.
- \_\_\_2. Others will just use and abuse me.
- \_\_\_3. My value is based totally on others' judgment/perception about me.
- \_\_\_4. I am completely under other people's authority. I have no will or choice of my own.
- \_\_\_5. I will not be known, understood, loved, or appreciated for who I am by those close to me.
- \_\_\_6. \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_7. \_\_\_\_\_
- \_\_\_\_\_

**Theme: Hopelessness/Helplessness**

- \_\_\_1. I am out there all alone. If I get into trouble or need help, there is no one to rescue me.
- \_\_\_2. I have made such a mess of my life; there is no use going on.
- \_\_\_3. \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_4. \_\_\_\_\_
- \_\_\_\_\_

**Theme: Defective in Relationships**

- \_\_\_1. I will never be able to fully give or receive love. I don't know what it is.
- \_\_\_2. If I let anyone get close to me, I may get my heart broken again. I can't let myself risk it.
- \_\_\_3. If I fail to please you, I won't receive your pleasure and acceptance of me. Therefore, I must strive even more (perfectionism). I must do whatever is necessary to try to please you.
- \_\_\_4. \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_5. \_\_\_\_\_
- \_\_\_\_\_

**Theme: God**

- \_\_\_1. God loves other people more than He loves me.
- \_\_\_2. God only values me for what I do. My life is just a means to an end.
- \_\_\_3. No matter how much I try, I'll never be able to do enough or do it well enough to please God.
- \_\_\_4. God is judging me when I relax. I have to stay busy about His work or He will abandon me.
- \_\_\_5. God has let me down before. He may do it again. I can't trust Him, or feel secure with Him.
- \_\_\_6. \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_7. \_\_\_\_\_
- \_\_\_\_\_